



Cottonwood Heights, UT | July 2024 | FREE

BETWEEN THE CANYONS

The official newsletter of Cottonwood Heights | ch.utah.gov

Our Sustainable Future

Councilmember Ellen Birrell



The statements in this article are the author's views and not necessarily of the entire city council.

Creating communities that support all types of transportation modalities (motor vehicle, bicycle, pedestrian, transit)

has been shown to increase city revenue, improve property values, and help small businesses.

Studies have shown that when motorists slow down and get out of their cars, that both residents and transients tend to buy more from local businesses, which helps them to thrive. That is probably why local business owners tell me they want to see walkability in the community.

Improving walkability includes safer and/or new

road crossings, continuous bike lanes/multi-use path/sidewalk combinations and speed reduction through road redesign (less vehicular-purposed asphalt, more landscaped medians, tree-lined streets).

These measures lower speeds and vehicle miles traveled, which:

- **Conserves on fuel**
- **Reduces CO2 into the air**
- **Reduces "heat island" phenomena in summertime (part of the ozone pollution problem)**
- **Reduces the severity of vehicular injuries and fatalities**
- **Is it more financially sustainable**

Think about the road repair costs that a decent-sized city like ours incurs throughout a given year. This inevitable wear and tear can be reduced with slower speeds and less vehicular traffic. Heightened

CITY COUNCIL HIGHLIGHTS

UPCOMING TENTATIVE AGENDA ITEMS

JULY 2

- VALLEY EMERGENCY COMMUNICATION CENTER (VECC) REPORT
- FLEET BOND
- TAVACCI ANNEXATION UPDATE
- FORM BASED CODE
- LOBBYISTS CONTRACT

CDRA

- HILLSIDE PLAZA DISCUSSION

JULY 16

- OLD MILL DEVELOPMENT DISCUSSION
- COTTONWOOD HEIGHTS RECREATION SERVICE AREA BOARD DISCUSSION
- GRAVEL PIT OPERATIONS DISCUSSION
- BUTERLVILE DAYS UPDATE
- SUPERNAL WAY STORM DRAIN PROJECT

AUGUST 6

- YOUTH CITY COUNCIL MAYOR INTRODUCTION

TO FIND FULL AGENDAS, VISIT CH.UTAH.GOV.

Our Sustainable Future Continued on page 3

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WHAT'S INSIDE

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EVENTS CALENDAR

- JULY 2 - AUGUST 1: ART EXHIBIT JEFF ANDERSON WATERCOLOR PAINTING AT CITY HALL
- JULY 13: BIOLOGY MAKES THE RAIN PANEL DISCUSSION, Q&A
- JULY 12-13, 15, 18-20 : BEAUTY AND THE BEAST MUSICAL (TICKETS NOW ON SALE)
- JULY 16 - 26: MAYOR'S CUP PICKLEBALL TOURNAMENT
- JULY 25, 26 & 27 : BUTLERVILLE DAYS AT BUTLER PARK
- AUGUST 3: AUTISM COUNCIL OF UTAH BARBECUE WITH THE POLICE DEPARTMENT
- AUGUST 24: BARK IN THE PARK

FOR MORE INFORMATION, VISIT CH.UTAH.GOV AND CLICK COMMUNITY CALENDAR



Cottonwood Heights
Bark
 in the **Park**

Vendors Needed
 Needing vendors that sell products for animals or items featuring animals. No vendor fee!

August 24, 2024
9:30 a.m. - 11:30 a.m.
Mountview Park

Contact Ann Eatchel, culture manager
aeatchel@ch.utah.gov or 801-550-8225

More Info: Ch.utah.gov

Cottonwood Heights Arts Council
 Production of



©Disney

Music by **Alan Menken** Lyrics by **Howard Ashman & Tim Rice** Book by **Linda Woolverton**
 Originally Directed by **Robert Jess Roth**
 Originally Produced by **Disney Theatrical Productions**

JULY 12-13, 15, 18-20, 2024
 SHOW TIME: 7 P.M. - 2 P.M. SATURDAY MATINEES

Butler Middle School Auditorium - 7530 S. 2700 E.
 (Southeast entrance)

Tickets: Adult \$12 (over 18) / Senior (62+) and Child (3-17) \$10
 Children Under 3 are free on laps

Tickets can be purchased online or at the door.
 *An online ticket service fee will be added. Group pricing is available.

Presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI.
WWW.MTISHOWS.COM




COTTONWOOD HEIGHTS ARTS COUNCIL PRESENTS

Art Exhibit
JEFF ANDERSON
 WATERCOLOR PAINTING
 INSPIRED BY UTAH LANDSCAPES

ON DISPLAY AT COTTONWOOD HEIGHTS CITY HALL
 2277 E BENGAL BLVD.
 WEEKDAYS FROM 8AM TO 5PM, JULY 2 - AUGUST 1



Our Sustainable Future Continued on page 3

walkability/bike-ability comes when people feel their roadways are safe and pleasant. Currently, the council is analyzing possible implementation of a monthly transportation fee to help cover basic maintenance for our roadways. My purpose in mentioning this is that our dependence on and heavy usage of cars matriculates higher taxes.

Another sustainable practice that we as a community can engage in includes the "4-Rs": Reduce, Re-use, Recycle, Refuse. Do you ever contemplate the amount of weekly waste your household generates? As empty nesters, my husband and I find ourselves regularly appalled at the amount of packaging that our household sends to the landfill because of both over-packaging and limitations within the "blue bin" Wasatch Front Waste and Recycling District WFWRD program.

Did you know that SLCO's TransJordan Landfill is about to reach its limit? This will mean that waste will be trucked to the next closest major landfill which is SW of Provo. Does that mean more trucks crowding onto I-15, more associated vehicular violence, air and noise pollution.

On June 8th, Cottonwood Heights supported the

URA Utah Recycling Alliance's first "CHaRM. Bring your hard-to-recycle items" event. It was a great event, and we can thank Robi Overson, the URA Board of Directors, and the volunteers for making it happen.

If you find, as I do, that you are sending too much packaging and other things to the landfill, other than practicing the "4-Rs," I suggest that you be selective about where and how you shop. Avoid plastic bags and over-packaged products. You can also let your city council representative know that you support CHaRM becoming a semi-annual event.

I am kicking off a lecture/Q&A series called "Our Sustainable Future." Working with local experts and Cottonwood Heights staff, my intention is to support Cottonwood Height's stated goals for sustainability.

Ever wondered what those are? Here is an excerpt from the Parks, Trails, Open Space Master Plan:

"Execution of the plan is a part of achieving the City's sustainability goals, including:

- **Improved air and water quality**
- **Increased energy, fuel, and water conservation**
- **Increased biodiversity and habitat**
- **Reduced infrastructure impacts**

- **Reduced heat from the urban heat island effect**
- **Reduced light and noise trespass**

The first in the upcoming "Our Sustainable Future" series is: **"Biology Makes the Rain" at 5:00-6:30 pm, July 13, Cottonwood Heights City Hall community room.**

Other topics (dates TBA) for Our Sustainable Future series include:

- **"Recycling. Our bins and beyond."**
- **"Wood chip mulching, rocks, or a mix for xeriscaping. You decide"**
- **"What is a Neighborhood Byway?"**
- **"Household water usage and conservation"**

Beautifying our city, making it safer, our air cleaner, our soil vital and alive, and practices related to preserving the Great Salt Lake are things for which I am passionate and committed.

Let's unify! Let's have fun while we become healthier and our community more sustainable. Join me. See you at future sustainability events! In community, Ellen Birrell ■

Serving as City Manager of Cottonwood Heights has been an Honor

City Manager Tim Tingey



My time as city manager for Cottonwood Heights has come to an end and I am sad that I will not be working in this great city. I look forward to upcoming career opportunities, and for those who may not be aware, I am

leaving my service as city manager of Cottonwood Heights to be a full-time faculty member at The University of Utah. I am also going to be working as Chief Administrative Officer for NeighborWorks Salt Lake. Many years ago, I pursued and obtained a doctorate degree to someday pivot from working in city government to teaching in higher education and I am excited to have this opportunity.

I am truly



grateful for the city staff at Cottonwood Heights. They are exceptional, hardworking, service-minded, knowledgeable, and dedicated to improving the safety and quality of life of residents in the city. We have great leaders in our departments, and I have appreciated my work and

association with each of them. Chief Robby Russo (Police), Paula Melgar (Records, Culture and Human Resources), Matt Shipp (Public Works), Mike Johnson (Community and Economic Development), Scott Jurges (Finance and Administrative Services), Shane Topham (City Attorney) and Assistant Chief Riley Pilgrim (Unified Fire Authority) are amazing individuals and exceptional leaders. I appreciate the efforts of these great individuals and it has been an honor working with them and all of the staff of the city.

I feel fortunate to have worked with such service-minded elected officials as well. I truly appreciate the Cottonwood Heights elected officials. Mayor Mike Weichers, Council Members Shawn Newell,

Ellen Birrell, Suzanne Hyland, and Matt Holton love our community and it shows. They care about the future and are dedicated to serving even when there are difficult decisions to be made. I appreciate their leadership and dedication. I will also miss my association with representatives from the Cottonwood Heights Parks and Recreation Service Area and Canyons School District.

Cottonwood Heights is such a great community. The community minded residents are amazing and the scenic beauty of the "City between the Canyons" is breathtaking. It has been an honor to serve as city manager of this great place. I look forward to seeing the future progress of this great community. ■



New Reckless Driving Laws



The police department responds daily to complaints of aggressive driving and road rage. High-stress levels, combined with a culture that sometimes fails to penalize assertive driving, have led to more frequent occurrences of aggressive driving behaviors. In response to a recent spike in such incidents, the Utah Legislature has enacted a road rage law that will take effect on July 1, 2024. Unfortunately, we have seen regional cases where road rage has led to tragic outcomes, including the beating death of a young father and the fatal shooting of another motorist who was followed. The new law criminalizes road rage as "an incident that occurred or escalated upon a roadway and with the intent to endanger or

intimidate an individual in another vehicle." While categorized under reckless driving, the law introduces escalating penalties, elevating road rage from a class B misdemeanor to a class A misdemeanor, and in severe cases, to a third-degree felony. Defendants could face substantial fines, a maximum prison sentence of up to 15 years for a felony, driver's license revocation, and vehicle impoundment.

Road rage has become a significant problem in Utah, primarily due to increased traffic congestion and rapid population growth, especially along the Wasatch Front. As roads become more crowded, drivers often find themselves in stressful and frustrating situations that can quickly escalate into aggressive behavior. The roads in Cottonwood Heights, originally designed for fewer vehicles, are now frequently clogged on snow days, leading to longer commutes and rising tensions among drivers. Addressing road rage in Utah requires a

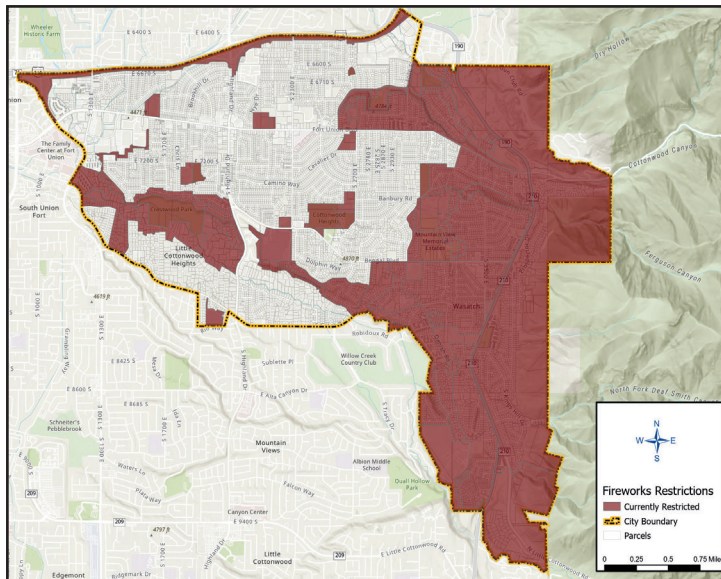
multifaceted approach that includes improved infrastructure, public awareness campaigns, and stronger enforcement of traffic laws, which the Cottonwood Heights Police Department (CHPD) has implemented to create a safer driving environment. Many drivers carry firearms in their cars, which is permissible under Utah law. If you see a motorist driving carelessly or suspect them of being impaired, please call 9-1-1 and allow the police to handle the situation. We have received a lot of positive feedback from our citizens about the increased presence of traffic officers working to address these issues, and we greatly appreciate your support. Stay safe. ■



See a map of restricted firework areas in Cottonwood Heights

Fireworks are legal ONLY in areas not designated as restricted and between 11 a.m. and 11 p.m. on July 2-5 and July 22-25 (the firework discharge time is extended to midnight on July 4 and July 24). See the map to the right for areas (marked in red) where fireworks are prohibited in 2024.

Visit ch.utah.gov/maps and click **Firework-restricted areas** for an interactive map. To view the county firework restrictions map, visit ufa.maps.arcgis.com. ■



Sponsored by UVPCGG

Utah Valley Permaculture Classroom Gardens & Greenhouse

BIOLOGY MAKES THE RAIN

PANEL DISCUSSION, Q&A

About how Rain is more than water!

DATE
13, July 2024

TIME
5:00PM

LOCATION
City Hall, 2277 E. Bengal Blvd., Cottonwood Heights, UT 84121

INFO
Utahvalleypermaculture@gmail.com
801-808-4424

Bioprecipitation feedback cycle

Studies

Trees, farms & water studies Bioprecipitation Studies

PANELISTS INCLUDE:

DR. CINDY E. MORRIS
BIOPRECIPITATION EXPERT

DENISE DEVYNCK
LOCAL 12 YEAR EXPERT IN ECOSYSTEM RESTORATION

Stormwater Tip of the Month

Happy Independence Day! Just don't be so "dense" that you forget to clean up firework waste! Fireworks that are not cleaned up wash into our creeks and can damage aquatic life. Sweep up and throw all firework waste in the trash. ■

4

Spent Fireworks are NOT Accepted in the Blue Recycle Can

As we prepare for an exciting evening of celebration and brilliant fireworks displays, please remember a few key elements of fireworks disposal and safety.

- After fireworks have been used, set spent fireworks aside in a fire-safe container to allow the materials to cool completely. Place spent bodies in a small amount of water to reduce the chances of flare-ups or unintended fires.
- Unfortunately, cardboard casings on fireworks cannot be recycled due to contamination from

chemicals and residues and the nature of multiple materials on one item. Dispose of them in your regular black garbage can when the materials have cooled completely.

- Explore ways to repurpose unused fireworks or save them for your Pioneer Day celebrations.
- Consider alternatives to traditional fireworks, such as laser light shows, to reduce your environmental impact. ■



New Move-In Box Pickups

Have you just moved into your new place and are overloaded with cardboard moving boxes? WFWRD offers a one-time box pickup for new residents in the District! Visit our website to fill out a service request, and we will schedule a time to pick up your boxes: <https://wasatchfrontwaste.org/form/box-pickup-request>.

To request a box pickup, you must be a new resident of the property. Plastic packaging, Styrofoam, and other non-recyclable materials besides tape must be removed from the boxes. Additionally, boxes must be broken down, flattened, and stacked in a 4 ft. x 4 ft. pile. Welcome to the District! ■



Open Space Spotlight: Ferguson Park

Ronna Cohen, member of Parks, Trails, and Open Space Committee, Gail Gonger, member of the Historic Committee

Our newest park is the Ferguson Dog Park and Ferguson Trailhead parking at 7722 South Prospector Drive. Sarah Almond, Co-Captain of the Volunteers in the Park at Ferguson, says, "So many people have talked to me about how much they enjoy this park. Our volunteers are 'eyes on' for maintenance issues and any other concerns. The dog park has been an incredible addition to our community. I've loved getting to know my fellow dog-loving neighbors and their dogs."

The Park features an off-leash dog area, a walking loop, trailhead



amenities, and more. "It's a beautiful combination of a park with a little bit of wild," commented Park user and CH resident Eric Brotherson.

In July of 1935, a Civilian Conservation Corps (CCC) camp began operation, located on the flat area south of the mouth of Big Cottonwood Canyon. Under the direction of the military, the CCC started during the Great Depression to provide young unmarried men a means of earning money. These young men in the Big Cottonwood Camp were mostly from New York and New Jersey. They completed many projects in Big Cottonwood Canyon for the Forest Service, including many campsites and trails we enjoy today. The camp closed in July of 1942 when most of

the young men joined the armed forces. The camp was then used to house German Nationals who were interred for the duration of WWII.

Ferguson Canyon was named for Isaac Ferguson, who was born in 1848, in Omaha, Nebraska, while his family was on their way to Utah. Isaac was a miner and farmer who lived with his family in Sandy.

Are you interested in volunteering in the Park? To Volunteer in Ferguson or any Cottonwood Heights Park, contact Andrew Davis at andrew@cottonwoodheights.com. ■



History question of the month

When was the name "Butlerville" officially changed to "Cottonwood Heights?"

Answer on page 6

Answer

Question, continued from page 5

At the meeting of the Salt Lake County Commission held on April 1, 1938, Harold D. Fife presented a petition signed by 50 property owners in the area known as Butlerville requesting that the name "Butlerville" be changed to "Cottonwood Heights." The matter was taken under advisement by the commission and referred to the chairman.

At the meeting of the county commission held on Friday, May 13, 1938, the following resolution was submitted For the Board's approval from the residents of Butlerville.

RESOLUTION:

"WHEREAS the area in Salt Lake County lying west of the mouth of Big Cottonwood Canyon, commencing with and including the high ground south of the natural channel of Big Cottonwood Creek, in the area hereinafter more particularly described, has in the past, been called 'Butlerville;' and

"WHEREAS, the greater part of the original settlers, and particularly the

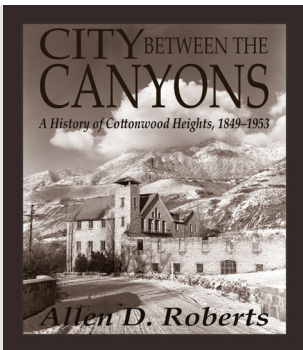
Butler family, for whom said district and locality was named, have moved from said locality and said name has lost its original significance and said locality is not definitely designated or widely known by said old name, and it is the desire of the present residents an owners of property in said district to change said name to "Cottonwood Heights;" and,

WHEREAS said change would more definitely designate and naturally and distinctively name said locality and would add to the convenience, orderliness, certainty, and government of said locality and would facilitate the distribution of mail, patrolling by county motorcycle and radio cars, delivery and distribution of merchandise and add to the general convenience of the residents of said district and others; IT IS, THEREFORE, HEREBY RESOLVED BY THE County Commissioners of Salt Lake County as follows:

"That the area commencing with

and including the high ground south of the channel of Big Cottonwood Creek, east of 23rd East Street and north of 80th South Street, Salt Lake County, Utah, be and the same is hereby designated and named "Cottonwood Heights," and such name will be used for all purposes of official designation on county maps an otherwise from the date of the passage of this resolution. "Two of the County Commissioners, J. B. Mullins and W. H. Anderson voted "aye" and the resolution was approved and signed on May 13, 1938.

Sources: Minute Book, Board of County Commissioners, Salt Lake County Salt Lake Telegram, April 1, 1938, and May 13, 1938. ■



Buy the book!

Get your very own copy of the hardbound history book *City Between the Canyons: A History of Cottonwood Heights, 1849-1953!* Buy yours at City Hall for \$20 (3 for \$50) or online at ch.utah.gov/history-book for \$25 (3 for \$59) with shipping. ■

9TH ANNUAL 2024 MAYOR'S CUP

PICKLEBALL TOURNAMENT

JULY 16 - 26

5:00PM AND 7:30PM
START TIMES

MEN'S WOMEN'S & MIXED DOUBLES









SCAN QR CODE TO REGISTER!

MORE INFO AT
COTTONWOODHEIGHTS.COM

Cottonwood Heights
Parks & Recreation



CHRC PICKLEBALL COURTS
7500 SOUTH 2700 EAST, COTTONWOOD HEIGHTS

City council members

MAYOR: Michael Weichers
 801-944-7087 | mweichers@ch.utah.gov
DIST# 1: Matt Holton
 801-944-7089 | district1@ch.utah.gov
DIST# 2: Suzanne Hyland
 801-944-7086 | district2@ch.utah.gov
DIST# 3: Shawn E. Newell
 801-300-3068 | snewell@ch.utah.gov
DIST# 4: Ellen Birrell
 385-910-5942 | ebirrell@ch.utah.gov
CITY MANAGER
 801-944-7010

City office

2277 E. Bengal Blvd.
 Cottonwood Heights, UT 84121
 Phone 801-944-7000
 Fax..... 801-944-7005

Numbers to know

Emergency..... 911
 Dispatch 840-4000
 Fire authority 743-7200
 Animal control..... 944-7100
 Justice court 273-9731

Call direct

City manager 944-7010
 City planning 944-7060
 Public works..... 944-7000
 Recorder 944-7021
 Finance director 944-7012
 Code enforcement.....840-4000
 Police administration.....944-7100

City council meetings

- **July 2:** Work Session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)
- **July 16 :** Work session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)
- **August 6:** Work session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)

City council meetings are held the first and third Tuesday each month at 4 p.m. and 7 p.m. unless otherwise noticed. Agendas are posted at least 24 hours before public meetings at ch.utah.gov/agendas.

Planning Commission

The Planning Commission generally holds meetings at 6 p.m. on the first Wednesday of each month.

Editor: Beatriz Mayorga,
 Communication Manager

Ready, Set, School! Back-to-School Registration in Canyons District Starts Aug. 5

Summer is still in full swing with plenty of time for backyard barbeques and beach vacations. But mark your calendars for Back-to-School Registration in Canyons District, which starts on Monday, Aug. 5 at 8:30 a.m. Registration for most students will be done online and families will be emailed detailed instructions. In preparation for the 2024-2025 school year, which starts on Aug. 19, families can also stay in the know by regularly checking canyonsdistrict.org. Meanwhile, here are a few key dates and pieces of information for families to keep in mind. ■



Sign up for Kindergarten

Full-day kindergarten has been such a success, Canyons District will, again, be offering it at all 28 elementary schools. Families can also choose to have their child attend on a half-day schedule by notifying their school principal by July 31. ■

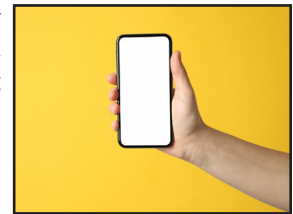


THINK SAFE:

Learn about Canyon School District's school safety protocols at canyonsdistrict.org/safeschools and encourage your children to load the SafeUT mobile app to their phone to confidentially report bullying and threatened violence, or to seek help for emotional crises. Parents can upload and use the SafeUT app, too! ■

Communicate with us

Download the free ParentSquare app for iOS or Android, a two-way communication tool for staying connected to school. ■



SUSTAINABILITY

Sustainable Gardening in the Heat

Ian Harris, Associate Planner/Sustainability Analyst

For those of us lucky to have our own gardens, summer brings about a very fun and productive time of year. As we think of ways to enjoy gardening in a more sustainable way, consider the following tips:

1. **Mulch!** Use extensive to retain soil moisture, reduce weed growth, and regulate soil temperature. Over the course of an entire summer, this helps cut back on water use considerably.
2. **Collect Rainwater!** Collecting rainwater in a rain barrel is both an easy way to

water plants while cutting back on water consumption. Local hardware stores typically carry a variety of barrels, along with accessories like hoses and pedestals. If you're not ready to purchase a barrel this season, check back next year. Cottonwood Heights typically offers a rain barrel subsidy program for residents every April.

3. **Choose Sustainable Ornamentals!** For decorative plants, choose native, drought-tolerant varieties. Yarrow, Penstemons, and Marigolds are great pollinator options with beautiful flowers, while Serviceberry bushes make for ideal large focal points.
4. **Upgrade Your Watering System!** Drip irrigation systems deliver water directly to plant roots, greatly minimizing water waste. Utilizing a WaterSense irrigation controller can reduce waste by coordinating the drip system to only water on dry days after sunset. ■



Business spotlight

Corvus Jiu Jitsu | 7817 S. Highland Dr. #A | www.corvusjj.com | 385-231-6128

Corvus Jiu Jitsu is now in Cottonwood Heights! This modern Brazilian Jiu-Jitsu school offers top-tier training for adults, kids, and women in Brazilian Jiu-Jitsu, utilizing modern concepts and techniques. With a meticulously structured curriculum, their focus lies

in fostering a deep understanding of BJJ techniques and principles. Renowned for their expertise, Corvus is the go-to destination for those seeking to elevate their BJJ proficiency. By emphasizing skill development, they provide a nurturing environment

for individuals to truly comprehend and enhance their abilities in Brazilian Jiu-Jitsu. ■



Gameday Men's Health | 1275 E. Fort Union #201 | 801-749-4263

Gameday Men's Health Cottonwood Heights is celebrating the grand opening of its new clinic, which is set to become the go-to destination for men who want to get personalized treatment solutions for low T, erectile dysfunction, and more. Gameday Men's

Health is the nation's leading provider for erectile dysfunction treatments and bio-identical hormone replacement therapy, having worked with many men around the country and helping them achieve their health and wellness goals. Now, the top testosterone

replacement therapy clinic has opened its doors for men in Cottonwood Heights. ■

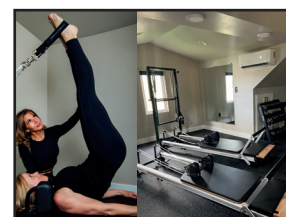


Knockout Pilates | www.knockoutpilatesut.com | katie@knockoutpilatesut.com

Welcome to KnockOut Pilates, now open in Cottonwood Heights! Their studio focuses on One-on-One Private Pilates Sessions, born from a deep love and personal transformation through Pilates. If the idea of crowded classes daunts you, this intimate setting is perfect. Pilates is for every "body," with private sessions; you tailor your practice to your needs - mastering

basics, gaining strength, or rehabilitating injuries like scoliosis or bad hips. They're not about Instagram trends but foundational Pilates that builds confidence and wellness. As Socrates said, "If you were to seek health, look first to the spine." With flexible scheduling and personalized playlists, KnockOut Pilates offers a holistic approach to well-being. Plus, experience

our new Semi-Private sessions for shared strength-building with a partner. Make it a Date Night!



Mrs. Dana's Preschool | 801-450-1547 middlemissdana@yahoo.com



Mrs. Dana's Preschool L.L.C.

801-450-1547 middlemissdana@yahoo.com

Located in Cottonwood Heights, UT 84121

- **When:** Mondays, Tuesdays and Thursdays
- **For:** Pre-Kindergarten – ages 4 and 5
- **Time:** 8:45am-11:35am **Drop Off:** 8:45am-9:00am **Pick Up:** 11:35am-11:50am
- **Price:** 1st Child \$170/Month, 2nd Child \$120/Month or a Discounted Monthly Price for a parent or parents who volunteer at least 4x/month—talk with me privately
- **2024-2025 Preschool Calendar Year:** Canyons School District's

Start Date:
Monday, August 26th, 2024

End Date: Thursday, May 15th, 2025

- **12 Students Max** 
- **Volunteer:** at least once each month—Mom or Dad (during entire preschool session). You will be my teaching partner/helper for that day.

Daily Preschool Schedule

8:45 - 9:05	Centers and Table Activities
9:05 - 10:05	Language Arts
10:05 - 10:20	Recess
10:20 - 10:35	Snack/Science
10:35 - 10:45	Calendar
10:45 - 11:20	Math/Science/Art
11:20 - 11:35	Clean Up/Cubbies/Backpacks/Floor



Visit local businesses for their July specials. To feature your business, visit ch.utah.gov/business-association. ■

Corvus Jiu Jitsu | www.corvusjj.com

Exciting news for Cottonwood Heights residents from Corvus Jiu Jitsu! Experience the best Brazilian Jiu-Jitsu with two weeks of FREE classes at our school! From adults to women-only and kids classes, there's something for everyone. Plus, sign up for a membership after the trial period and receive a FREE rashguard. There are no long-term contracts, sign-up fees, or cancellation charges — just seamless entry into the world of BJJ. Join us for a hassle-free journey towards mastering Brazilian Jiu-Jitsu! See you on the mats! ■



Knockout Pilates | www.knockoutpilatesut.com

KnockOut Pilates is offering a \$30 Introduction to Pilates - Private Hour Session for the Month of July; for new clients only. Visit www.knockoutpilatesut.com to schedule yours today. That is a \$20 savings from the regular Introduction price. Fall in love with Pilates and start your summer right! ■

