

CH Cottonwood Heights

Magazine 2015 • 2016



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Mayor's Message

Mayor Kelvyn Cullimore

Welcome to Cottonwood Heights - the city between the canyons. Cottonwood Heights is one of the youngest cities in the state, incorporating in 2005, but we have a history that reaches back to pioneer times. We are proud of our heritage, and progressive about our future.

Cottonwood Heights is a southeast suburb of Salt Lake City with a population of 34,000 residents, but we are anything but a bedroom community. We offer more Class A office space than any other city in Utah except Salt Lake City, we have a vibrant business community and thousands of employees work at our three corporate centers with notable companies such as Overstock.com, Jet Blue, Extra Space Storage, Instructure, SanDisk, Blue Cross Blue Shield and Master Control.

We not only offer strong employment centers, but Cottonwood Heights is home to such prominent franchises as Trader Joe's, Target, Home Depot and Whole Foods. Service businesses are easily accessible with dozens of outstanding medical, dental and other professional facilities.

We are also favored to have access to excellent transportation, recreation and education. Sharing borders with the Wasatch National Forest, and being the conduit to both Big and Little Cottonwood Canyons, makes the mountains and canyons our literal back yard. But if outdoor recreation is not your preference, we have the Best of State award-winning Cottonwood Heights Recreation Center to meet your needs.

In 2009, Canyons School District was the first new school district formed in over 100 years. In partnership with this new district, we have constructed a new Butler Middle School, a new Butler Elementary School, upgraded many facilities including soccer fields and tennis courts, and built the popular Mountain View Park with its splash pad and other amenities.

Between our arts council and city events we provide a plethora of activities from local community theater to our ever-expanding town day's celebration, Butlerville Days on July 24th each year.

In Cottonwood Heights you can work, play, recreate, be entertained, eat at some of the best restaurants, and access the canyons and mountains as easily as the interstate freeway system. You can be anywhere in the valley in 15-20 minutes or be skiing at world class resorts in 30 minutes, or stay home and enjoy the offerings within our community. With all the city has to offer, why live anywhere else? This really is the place.



6965

UNION PARK CENTER

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FORT UNION BLVD

A Glimpse into the Future

By Peri Kinder

Butler Hill was the place to be in the winter. In the early 1900s, the steep slope between 2300 and 2700 East attracted snow sledders from around the Salt Lake Valley, tempting them to fly down the hill at incredible speeds. With a sparse population and virtually no uphill traffic in the winter months, a sleigh ride could last for several blocks.

In the summer, Butler Hill was too vertical for cars to travel up, and residents either parked at the bottom or drove up the hill in reverse so gasoline could flow to the carburetor.

The narrow road where Butler Hill was located meandered into Big Cottonwood Canyon where lumber was brought out of the mountain to provide homes for people in the valley. Granite was also transported out of Little Cottonwood Canyon with wagon masters stopping overnight in the Butler area to rest before continuing on to Salt Lake City.

As traffic increased along the Butler Hill and Butler Bench road in the 1920s, the steep hill was graded and filled in to decrease the incline so cars could drive uphill with ease. This was the beginning of Fort Union Boulevard, the main thoroughfare running through Cottonwood Heights today.

Nearly 100 years later, Fort Union Boulevard connects visitors and residents to all types of office, retail and recreation areas. To the north of Fort Union, I-215 intersects at 1300 and 2000 East, and again at 3000 East where motorists can travel along Wasatch Boulevard. From Fort Union itself, drivers can access Big and Little Cottonwood Canyons for a day of skiing, hiking or camping.

As growth continues in Cottonwood Heights, the boulevard needs to be redesigned to ensure the safety of pedestrians and drivers, the continuation of economic development and the ability to connect residents with their communities.

The Cottonwood Heights Community and Economic Development Department has proposed a Planned Development District along Fort Union Boulevard from 1300 East to the gravel pit on Wasatch Boulevard. This new zoning option will increase the potential for retail, office and residential development along the city's main corridor.

"We want to create a destination in the city where people want to stay and shop and eat," says Brian Berndt, Cottonwood Heights Community and Economic Development Director. "Fort Union is a unique corridor that is underutilized. We want to encourage new businesses to locate along the boulevard, and we want to design a look for the city that represents a vibrant and active community."

By preparing for the future, city leaders hope to stay ahead of the significant growth expected during the next 10-20 years. The City's Comprehensive Plan anticipates future development in these areas and envisions Fort Union becoming the city's main corridor. And as the mineral and gravel extraction wraps up at the gravel pit on the east end of Fort Union, the city plans to create a mixed-use area at the mouth of Big Cottonwood Canyon with restaurants, office space, shops, residential opportunities—and maybe a



hotel, blending relaxation and sophistication to create the ideal place.

A 2015 study identified several areas of revenue, including lodging, restaurants and retail, where residents must travel outside the city to find what they're looking for. By working with property owners and developers to bring in more of the places shoppers want to go and people want to be, Berndt hopes to create an area that invites people to stay in the city to dine, work and play.

The approach to this multi-tiered zoning is collaboration of property owners, developers, residents, city leaders and regional transportation agencies to try and look to the future and determine what development or redevelopment in some cases that will allow the Cottonwood Heights to be economically sustainable for many years to come.

What is the Planned Development District?

City planners explain that the Planned District Development (PDD) proposal divides Fort Union Boulevard into two separate tiers and the Wasatch Boulevard Gravel Pit area occupying the third. Each of those tiers will demonstrate a specific purpose in relation to the overall project, with some development starting shortly while other plans will roll out over the next decade.

The PDD is a graphically based code that can only be used in certain areas of the city. It is broken down into three tiers. **Tier 1**, located in the area of the current gravel pit, has potential for many uses. Residents might enjoy destination restaurants, high-end shopping, family activities and shuttle service to the canyons.

Visitors could enjoy staying in quality hotels at the base Big Cottonwood Canyon and employers could see an increase in Class A office space. This area could include increased density for retail, parking structures, entertainment, dining, public gathering areas, offices and residential uses. The new code will give property owners important options while creating pedestrian-friendly developments.

"As we go forward with the creation of the Fort Union Plan, the PDD becomes increasingly more important in the implementation of the project and as such, the city will seek different funding options including grants and regional partnerships, to help with street, bike and pedestrian enhancements," Berndt says.



Brian Berndt

Community and Economic Development Director



The **Tier 2** areas encompass the intersections at Union Park to 1300 East and Highland Drive to 2300 East. These areas will have a community connection element which will possibly include outside dining areas, a gathering place for public events and increased walkability. An increase in housing density and building heights (up to four stories) could introduce urban residential developments and bring businesses closer to the street to enhance the overall experience. These nodes will create vibrant gateways to both Fort Union Boulevard and Cottonwood Heights.

The **Tier 3** development areas connect the Tier 2 areas along Fort Union by covering those properties along both sides of the corridor up to each of the intersection nodes.

It is estimated by the Wasatch Front Regional Council that 11,000 new jobs could be created in the city over the next 25 years. By incorporating the PDD and other measures, the city will be in the position to capture the best opportunities and increasingly work towards being the community people want and for those who might call Cottonwood Heights home in the future.

“What we have to do is be both progressive and patient at the same time,” Berndt says. “It’s a gradual process as we move forward with vigilance and optimism. What we’re planning is not for tomorrow, but for five to ten years down the road. If a community is progressive, potential developers and residents will look at it more seriously.”

Landscaping and streetscape planning are a big part of the PDD. Residents have been asked on several occasions for input on street design, sidewalk integration, walkability functions and overall aesthetics for the corridor. Everything from on-street parking to a light rail system has been suggested and will be considered over the next several months as the city steps onto a bigger stage.

“We started out as a small community, but people who come here quickly discover Cottonwood Heights is located in a prime spot for living, working and playing,” Berndt says. “City officials are excited to be part of this process to create a vision for the future of the area where people will continue to find exemplary views, quality services and the best access along the Wasatch Front.”





Come Join Us!

Any licensed business in Cottonwood Heights can join the Cottonwood Heights Business Association. The CHBA is FREE and includes networking events, promotions, lunches and educational workshops. Contact Peri Kinder at pkinder@ch.utah.gov or 801-944-7067 for more info.

The mission of the CHBA is to promote economic development by supporting the business owners in the city. CHBA serves as an advocate for success by providing a forum for members to share their best practices, facilitate networking and education, and create partnerships within the community. Follow us at [Twitter.com/CHBABiz](https://twitter.com/CHBABiz) and [Facebook.com/CHBusinessAssociation](https://facebook.com/CHBusinessAssociation), and join these businesses that have already teamed up with the CHBA:

1 Teacher 1 Student
A1 Driving
AARF Pet Care
American Family Insurance
American First Credit Union
ATG Wrestling
AXA Advisors
Bank of the West
BrainLinking
Brighton Bank
Brighton Books
Cannon Mortuary
Capitol Hill Advisors
Chadwick Booth & Co
Children's Academy Preschool
Cottonwood FC
Cottonwood Heights Rec. Center

DBN Tax
Direct Mortgage
Dynamic Physical therapy
Elements Massage
Fitness Together
H&D Barbecue
Habit Burger
Haymond Law
Holbrook & Associates
Impressions Preschool
Infinite Cycles
Intermountain Pilates
Invarius
JD Investigations
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A NEW HOME FOR YOUR CITY OFFICES



In March 2014, the Cottonwood Heights City Council announced plans to build a new city hall at the northwest corner of 2300 East and Bengal Boulevard, directly across from Brighton High School. After renting space since the city's incorporation in 2005, city leaders have wanted to build a city hall to create a distinct identity for the community, while accommodating public access and city operations.

The new municipal center will be much more than a few offices. It will be a home base providing a city center for the next 50 years or more. The new center will be a gathering place, available for events that will connect the public to government leaders in active and energetic ways.

After months of discussion, the plan for city hall was approved, construction was scheduled and the building should be completed in mid-to-late 2016. The 24,000 square-foot structure will feature two wings; one for the Cottonwood Heights Police Department and one for the city's administrative teams.

Energy conservation at city hall was a top priority as designs were considered. Efficient lighting and HVAC systems will transfer heat from warm parts of the building to cooler areas. Although the building will not have solar power initially, the roof and electrical systems are designed to add solar panels in the future.

An upgraded seismic design will allow the building to provide a focus for continuous operations in the event of an emergency, and its open southeast orientation allows beautiful views of the mountains to the east and the Salt Lake Valley to the west.

The new city hall will create a spectacular plaza on the corner of Bengal Boulevard and 2300 East, and a community center that holds up to 400 people can be used for receptions, parties and other events. Additionally, the multi-purpose room will open onto an outside patio, depending on the weather.

"We're trying to make it a building that's more than a city hall," says Cottonwood Heights Councilmember Tee Tyler. "It's not for our generation, it's for the next generation."

With the construction of a municipal center on Bengal Boulevard, city officials hope to enliven the area by creating a civic corridor that encompasses Brighton High School, Butler Middle School and the Cottonwood Heights Recreation Center.

In the long run, officials believe the new building will save the city, and taxpayers, money. "We pay high rent here in our current city hall location, and it's escalating at around 5 percent per year," Tyler says. "By building a city hall, in 20 years we'll retire our bond and won't have rent or mortgage. And that's the generation that will reap the benefits."



A Guide to the Cottonwood Heights COMMUNITY AND ECONOMIC DEVELOPMENT DEPARTMENT

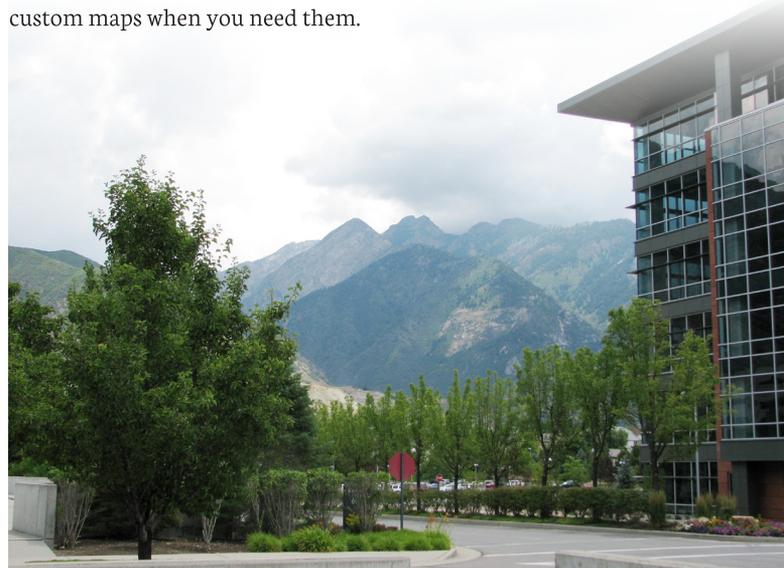
By Glen Goins, Cottonwood Heights City Planner

Remember the bumper sticker, “My grandkids are cuter than yours”? It’s the right of every grandparent to feel their grandchildren are the best. You might worry if that feeling didn’t exist. That same feeling of pride exists in the Cottonwood Heights Community and Economic Development Department (CED) for our belief that the department can provide the best service and quality care for residents and business owners. The department slogan is “Be the best source of information possible.”

Ever wonder what we do?

The short answer is lots! We are an active group, and each day you’ll find us busy working on a variety of projects, including:

- **Economic and Business Development** | We are responsible for maintaining the city’s current business groundwork while securing the future economic health of the city.
- **Cottonwood Heights Business Association** | The CHBA functions in many of the roles normally attributed to a chamber of commerce, and it is free to all city businesses.
- **Business Licensing** | If you have a business or want to start one, you need a license. We make that process easy for you.
- **The General Plan** | This policy document guides future growth and zoning in Cottonwood Heights.
- **Area Master Plans** | More specific than a general plan, these plans cater to a specific area and are responsive to its conditions.
- **Zoning** | Zones define land use and provides specific parameters, such as building height and setbacks.
- **Subdivisions** | This process creates building lots.
- **Conditional Use Permits** | These permits allow the planning commission to apply conditions to some land uses in order to mitigate impacts, provide buffers and protect adjacent properties.
- **Code Amendments** | These occur from time to time, to keep ordinances relevant. They can be city-initiated or be requested from individuals or groups.
- **Public Interface** | We seek opportunities to involve anyone from property owners, to businesses, to visitors, or to anyone just curious about what we do.
- **Engineering** | The city engineer plays a vital role in providing professional services to the many functions of CED.
- **Building** | The building department stays busy ensuring accurate and timely reviews for building plans and that those buildings are constructed to the highest safety standards.
- **Geographic Information Systems (GIS)** | The city maintains an amazing GIS database to provide you with a wealth of online information as well as the ability to print custom maps when you need them.



We're here for you

We are your Community and Economic Development Department (CED). We want you to visit us, talk to us and tell us what you're thinking about the community. We want you to know what we're working on and invite your input and participation.

The CED is ready to assist you. At the heart of the CED is the commitment to the city's residents, business and property owners and visitors. The CED is a source for information; we have an open ear to listen and the desire to provide meaningful service.

We're serious about business

Cottonwood Heights wants your business. The city offers fast and efficient business licensing approvals and fire inspections, and works closely with business owners to make sure all questions are answered and issues resolved.

The department has created an online commerce guide which will include each company on a searchable map, with basic information about the business, including a link to that business' webpage. We can also host a ribbon-cutting event with the mayor and city officials to celebrate your grand opening.

In Cottonwood Heights, you'll find a city-sponsored business association that promotes business interaction, provides opportunities for networking and sponsorship, creates a thriving business community and encourages residents to shop close to home. The Cottonwood Heights Business Association meets regularly to communicate to city leaders the needs of businesses and to help the CED maintain an active role in the support and development of the city's economic base.



Let's do lunch!

The Economic Development team holds quarterly luncheons within the city as a way to express appreciation for businesses located in Cottonwood Heights. These lunches are a way to network and interface with other businesses, the city administration and elected officials. Attendees are treated to a guest speaker on a topic of interest to the business community.

Planning & zoning questions

Have you ever wondered what happens in a planning office? What is zoning? What is a general plan? Our staff is willing to explain it to you. The city's General Plan and zoning are important to understand your property's available uses, and what may be done with it in the future.

The CED processes all land use applications, including general planning, area master plans, special studies (such as the Fort Union Corridor Market Analysis Study and the Gravel Pit Corridor Transportation Study), zoning maps and text amendments, subdivisions and conditional use permits.

The city embraces Fort Union Boulevard and its continually burgeoning role as a significant retail corridor. The Boulevard is taking the role it was always envisioned to fill, as the main street of the city, and entrance to the canyon and world-class recreation.

If you find yourself in a hole, stop digging

The city's engineering staff is ready to assist with projects ranging from homes and businesses, to streets, storm drains, bike paths and trails. Let the engineering staff find solutions to your engineering needs.



Trader Joe's Employees Celebrate Grand Opening

Measure twice, cut once. Ready to build?

The CED is where you go to get your building done. Our building experts are ready to help you get permits and find the easiest, fastest way to get under your building under construction.

The GIS department works hard to ensure that our database is current and useful. The information is available to aid you in a variety of ways, from mapping streets, parks and trails, to businesses and even your property.

Inquire!

If you have a question about something in your community, or would like to share comments, we are interested in hearing from you. Just like your local library, we are a public office, open and available for your use. We are always happy to answer questions about what we're working on, future plans, or what's happening in your neighborhood or even your own property.



Cottonwood Heights Community and Economic Development Department

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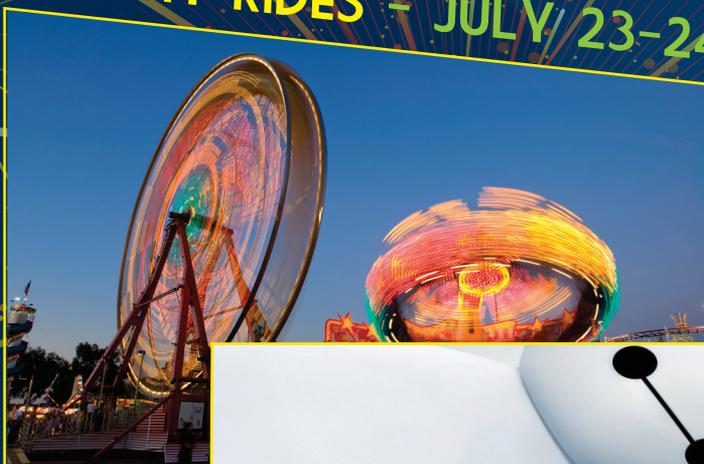
ALL NEW HOURS! JULY 23, 4-11PM
JULY 24, 12-10:30PM

BUTLERVILLE DAYS

JULY 23 & 24, 2015

Butler Park, 7500 South 2700 East
More information at www.ch.utah.gov.

MIDWAY RIDES - JULY 23-24



5K RUN/WALK - JULY 24, 7AM

BUTLERVILLE DAYS
2015
5K
RUN/WALK
COTTONWOOD HEIGHTS



MOVIE IN THE PARK
JULY 23, DUSK



CHARLEY JENKINS - JULY 24, 8:30PM

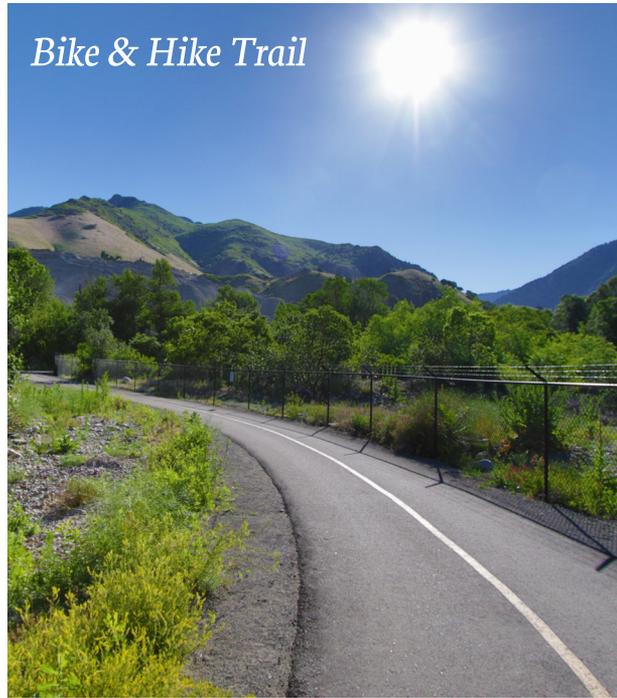
BUTLERVILLE DAYS
2015 Cottonwood Heights

COTTONWOOD HEIGHTS

A Photo Perspective



*Old Mill Park
Covered Bridge*



Bike & Hike Trail



Deaf Smith Canyon



Union Park Center



Union Park Center



*Porcupine
Pub & Grille*



*Old Mill
at Night*



*Old Mill
Northern
Freeway View*

Butlerville Days at Butler Park



Butlerville Days
Parade



Old Mill

Cottonwood Heights

RECREATION CENTER

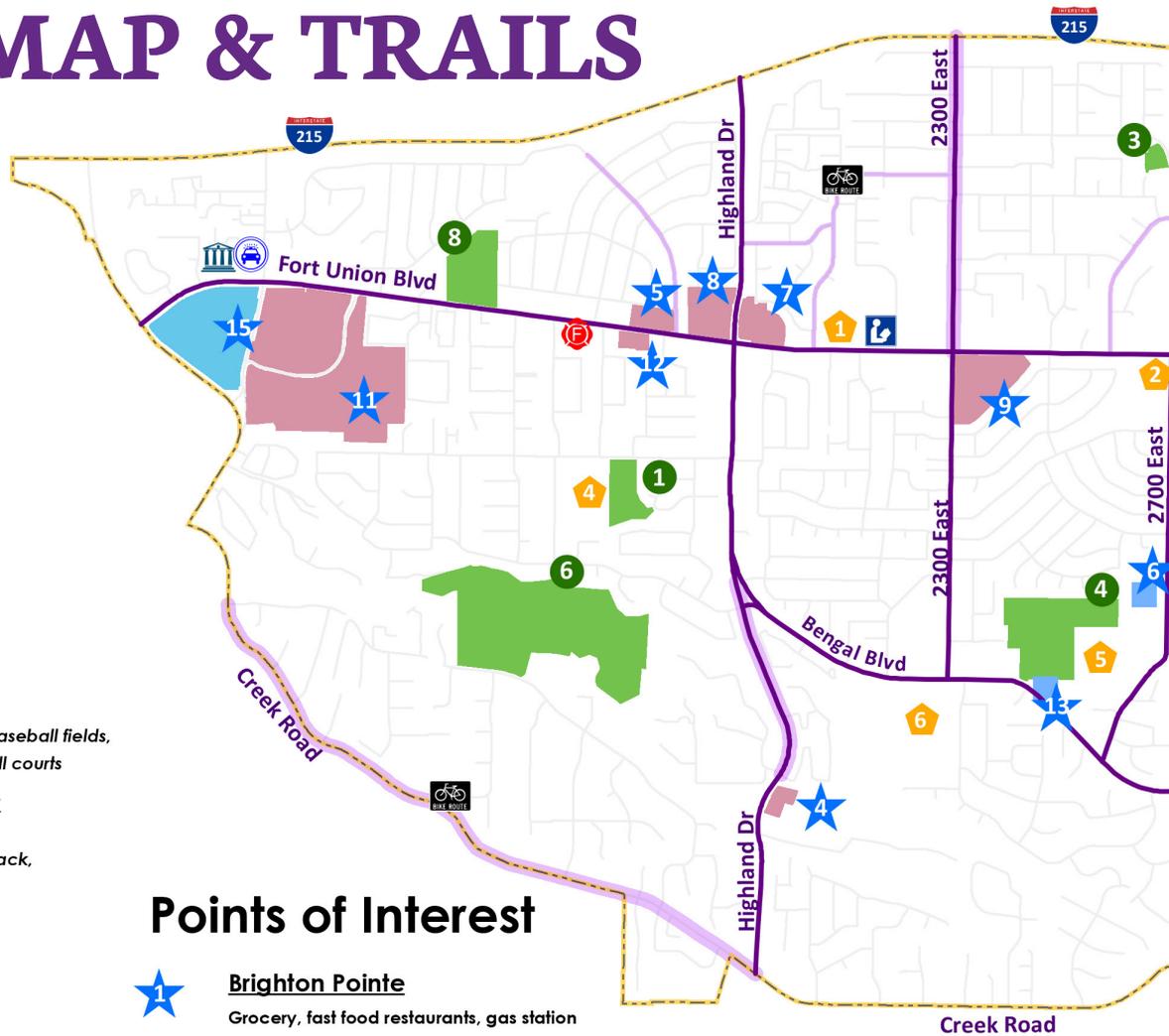
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- Racquetball Courts
- Tennis Courts
- Weight Room



7500 South 2700 East
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COTTONWOOD HEIGHTS
PARKS & RECREATION SERVICE AREA

CITY MAP & TRAILS

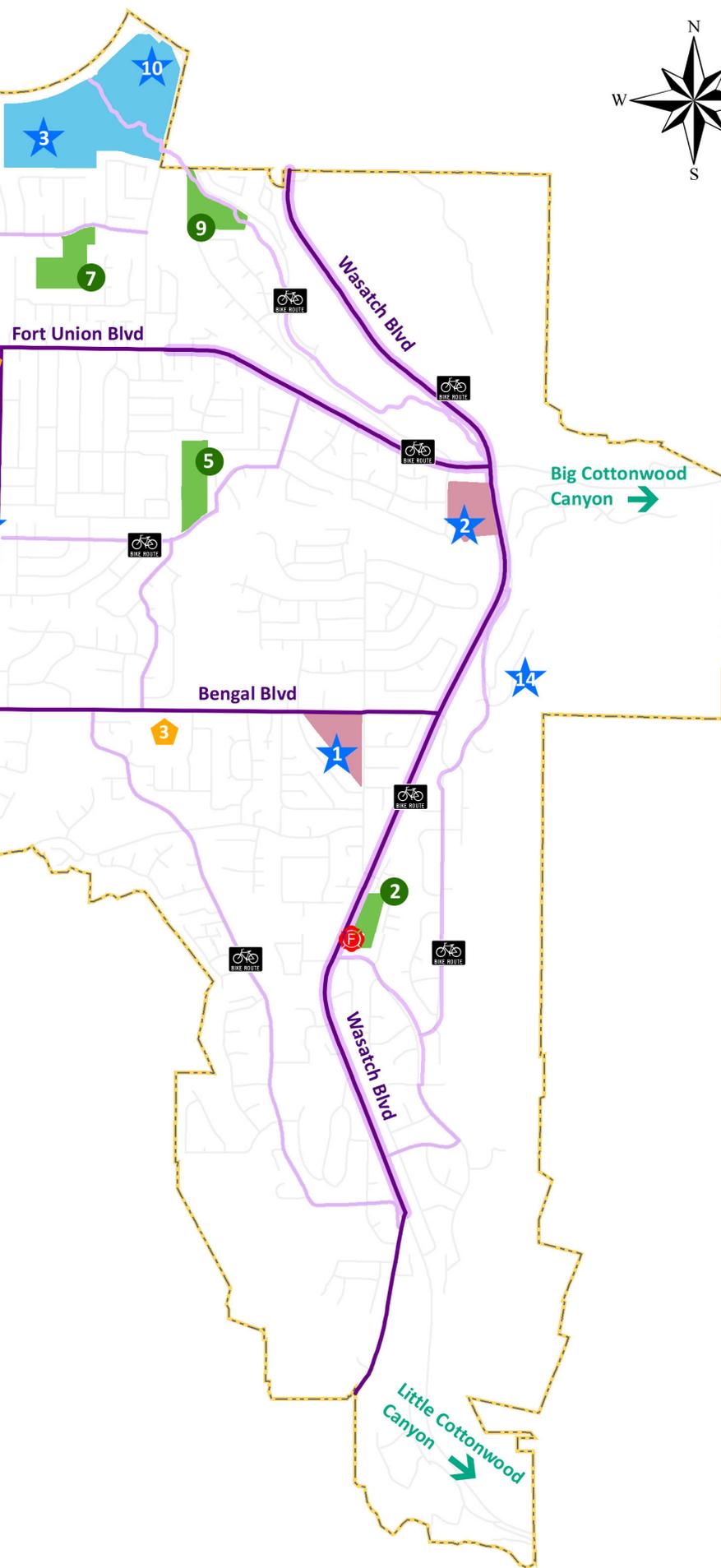


Parks

- 1 Antczak Park**
1850 E 7200 S
Pavillion, playground, baseball fields,
tennis courts, basketball courts
- 2 Golden Hills Park**
8303 S Wasatch Blvd
Pavillion, playground, track,
tennis court
- 3 Berry Hill Park**
6677 S Coba Ct
- 4 Butler Park**
7500 S 2700 E
Pavillion, playground
- 5 Bywater Park**
3103 E Banbury Rd
Pavillion, playground, baseball fields,
tennis courts
- 6 Crestwood Park**
1673 E Siesta Dr
- 7 Mill Hollow Park**
2850 E Hollow Mill Dr
Pavillion, playground, track,
baseball field, tennis court
- 8 Mountview Park**
1651 E Fort Union Blvd
Pavillion, playground, splash pad,
tennis courts, soccer fields
- 9 Old Mill Park**
6660 S Big Cottonwood Canyon

Points of Interest

- 1 Brighton Pointe**
Grocery, fast food restaurants, gas station
- 2 Canyon Centre**
Office, hotel, bars, sporting goods,
residential, ski parking
- 3 Cottonwood Corporate Center**
Class A office space
- 4 Cottonwood Creek**
Gym, fast food restaurant
- 5 Cottonwood Plaza**
Restaurants, liquor store, hair salon, sporting goods
- 6 Cottonwood Heights Recreation Center**
Pools, indoor track, tennis courts, gym, ice rink
- 7 Dan's Food Pharmacy**
Grocery, coffee
- 8 Highland Place**
Grocery, restaurants, electronic stores
- 9 Hillside Plaza**
Grocery, vet, restaurants, pharmacy
- 10 Old Mill Corporate Center**
Class A office space
- 11 Park Centre**
Restaurants, clothing stores,
sporting goods, hotel, grocery
- 12 Plaza 7000**
Restaurants, pet care, sporting goods
- 13 Skate Park**
- 14 Timberline Trailhead**
- 15 Union Park Center**
Class A office space, restaurant



Legend

- Main Roads
- Bike Routes
- Office
- Retail
- Public Parks
- Whitmore Library
- Police Station
- Fire Stations
- City Hall

Schools

- 1 Bella Vista Elementary
- 2 Butler Elementary
- 3 Canyon View Elementary
- 4 Ridgecrest Elementary
- 5 Butler Middle School
- 6 Brighton High School

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THE BETTER BIKE SHOP

For Novice and Experienced Cyclists infinitecycles.com | 801.523.8268

Infinite Cycles is new to the neighborhood but opened its first of three bike shop locations in 2007. With over 30 years of combined experience in the bicycle industry, the owners of Infinite Cycles, Cam and Brad, wanted to build a better bike shop where riders of any level of experience or knowledge would feel welcome and appreciated. We recognize that sometimes cycling can be intimidating and requires some education to have the best experience possible. Expert service, technical knowledge and added value offerings are what you can expect when you visit.

Why choose Infinite Cycles as your bike shop? Why does it matter?

When buying a bike, you are buying more than just the bike. You are buying ongoing support, service, and a helpful connection. Infinite Cycles is founded on the principle of creating long-term relationships with our customers.

We have three things that set us apart from every other bike shop.

- **Lifetime Service** | Free with every bike purchase, we offer to tune and maintain your bicycle as long as you own it. This includes adjustments on brakes, derailleurs, wheels, etc. We will even change your flat tires with no labor charge. We have the best post-purchase service in the industry! We hand pick each bicycle model and are confident in their quality. We offer the Lifetime Service because we know our bikes will last. We want you to ride!
- **Membership Rewards** | We want to reward our customers for visiting our store and giving us the oppor-



tunity to serve you. Our loyalty program offers customers instant in store credit for purchases and helps us to build a deeper relationship with our customers. We want to be your shop.

- **We are The Cannondale Experts** | Our goal is to provide best in class products and Cannondale offers the best bicycles. Cannondale offers best in class innovation, quality, performance, technology, value, engineering, and durability. They have always had a passion and commitment to making their products unconventional-ly better. Cannondale's commitment to the rider gives you a lifetime warranty on every frame. Come ride one of their impressive bicycles today!

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Product Labels

Signs

T-Shirts

Tradeshow Exhibits

HIDDEN GEMS

in the Cottonwood Heights Culinary Scene

From Persian delicacies to handmade pastas and award-winning barbecue, the unique dining options in Cottonwood Heights are diverse—and delicious! Here’s a sampling of the city’s unique fare.

Porcupine Pub & Grill

3698 Fort Union Blvd
(801) 942-5555
porcupinepub.com

Porcupine Pub & Grill at the base of Big Cottonwood Canyon provides great food for skiers, mountain bikers, hikers, families and friends. The owners support local businesses and the menu reflects their dedication to the community. Whether you order French toast with fresh berries, homemade soup, the house special or one of two dozen draft beers, you won’t be disappointed.



Zaferan Café

2578 E Bengal Blvd
(801) 944-6234
zaferancafe.com

Mitra Boshra has the reputation of being one of the best Persian chefs in Utah. As the chef at Zaferan Café, Mitra prepares food that makes your mouth water. Zesty tastes, surprising flavors and quality ingredients guarantee a fantastic experience for the entire family. With fresh menu items and a tradition for incredible fare, stop by Zaferan today.



Cottonwood Heights Café

7146 S Highland Drive
(801) 947-0760
viewmenu.com

The Cottonwood Heights Café just moved into a brand new building on Highland Drive but continues its tradition of serving spectacular meals for breakfast and lunch. The café offers incredible omelets, mouthwatering burgers and huge, fluffy pancakes. Be sure to bring your appetite!



Lone Star Taqueria

2265 Fort Union Blvd
(801) 944-2300
lonestartaqueria.com

This award-winning taqueria has been featured on Guy Fieri’s “Diners, Drive-ins & Dives” and provides authentic Mexican cuisine, including its famed fish taco. The setting is energetic and fun, serving up burritos, tacos, tamales and quesadillas. Stopping at Lone Star Taqueria is a must when you visit Cottonwood Heights City.



Johnniebeefs

6913 S 1300 E
(801) 352-0372
Johnniebeefs.com



If you're looking for an authentic Chicago-style hot dog, bratwurst or meatball sandwich, you need to visit Johnniebeefs ASAP. Inspired by a 1950s diner, Johnniebeefs provides great service, a unique atmosphere and out-of-this-world food. There aren't many places in the Salt Lake Valley to get a good hot dog, but Johnniebeefs has reinvented this American classic—and it's exceptional.

H&D BBQ

1844 Fort Union Blvd
(801) 938-9706
hdbbq.net



For the last several years, the barbecue geniuses at H&D BBQ have gathered a boatload of awards from BBQ competitions around the region. Their award-winning menu items are now available for lunch or dinner in Cottonwood Heights. Whether its ribs, pork, brisket, chicken, sausage or ham, the chefs at H&D have it covered—in delicious barbecue sauce.

Pizzeria Limone

1380 E Fort Union Blvd
(801) 733-9305
pizzerialimone.net



The Pizzeria Limone in Cottonwood Heights is where it all started. The popular franchise first brought its signature dough, creative combos and mouth-watering selection of pizzas to the city in 2011. With a passion to create the best Neapolitan-style pizza on the planet, Pizzeria Limone is already a legendary pizza parlor serving customers in a fine-casual dining environment.

La Sage Bistro

6831 S 1300 E
(801) 943-7243
lasagebistro.webs.com



continued next column

Visitors to La Sage Bistro are treated like family. Garri and Sandy Lalaian create a wonderful dining experience for everyone who walks through the doors of their restaurant. Specializing in delicious pastas, crisp salads and tasty sandwiches, La Sage is perfect for a casual lunch, a special event or catering for your important occasion.

La Cocina

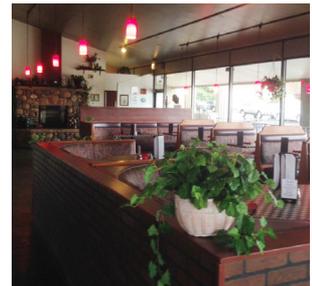
6965 S 2300 E
(801) 943-7790
lacocinamexican.com



La Cocina Mexican Restaurant has served scrumptious Mexican and Latin American cuisine for nearly 25 years. The chimichangas, fajitas, enchiladas and grilled specialties at La Cocina are favorites around the valley. Plus, everyone can enjoy free non-alcoholic margaritas on Tuesday, Thursday and Saturday after 4 p.m.

Siragusa's

2477 E Fort Union Blvd
(801) 943-0320
siragusa.com



Ross Siragusa comes from a heritage of Old Italian-style homemade cooking. During more than three decades as a chef, Ross has shared his traditional cooking styles around the country. The warm and inviting atmosphere at Siragusa's enhances the delicious flavors of the Sweet Potato Gnocchi, Steak Masala, Chicken Cacciatore or any of its handmade menu items.

Cancun Café

1891 Fort Union Blvd
(801) 942-1333



Diners at the Cancun Café have enjoyed Mexican fare at this local eatery for many years. The restaurant features quality chili verde, homemade nacho chips, delicious tortilla lime soup and its famous Biggest Burrito You've Ever Seen, filled with steak, chicken carnitas, beans, rice—and more!

Two great hospitals serving the

A man from California came to Intermountain Medical Center for emergency care recently after being involved in a serious accident. The man's brother, who works in management at a large California health system, was worried about the care he would receive, but after his visit he sent this note to Intermountain Medical Center's administrator:

"Being from the San Francisco area that boasts University of California-San Francisco Medical Center and Stanford University Medical Center, your hospital is, by far, the most advanced, the most caring, and the nicest medical facility I have ever encountered in 20 years of hospital service. We are very blessed for the professionalism and outstanding courtesy of all your employees."

"I leave with a heavy heart that my brother has a long and difficult rehabilitation ahead, but with a warm feeling that he is in your employees' caring hands. We have no doubt that he is in this state's and nation's premier medical facility."

Another note — from a patient who received an organ transplant at Intermountain Medical Center — talked about the advanced, high-tech care that saved his life, then he said this:

"The programs of Intermountain Medical Center are state-of-the-art, yet they retain the human/ personal touch."

Those notes define the unique attributes that make Intermountain Medical Center successful: It's one of the most technologically advanced hospitals in America — and one of the most patient-friendly.

How can Intermountain Medical Center help you and your family? Here's a look at some of our key programs that might benefit you:

Level- 1 Trauma Center: We provide the best possible trauma care using the most advanced treatments available. There is also a Life Flight helicopter based at our campus, which helps you get here faster.

Transplant: If you are in need of a heart, kidney, liver or pancreas transplant, our Intermountain Transplant Center. We have the most comprehensive thoracic and abdominal organ transplant program in the Intermountain Region with many years of experience and outstanding outcomes.

Intermountain Heart Institute: The Heart Institute is the best place for you to receive treatment for any condition related to the heart. As one of the most advanced heart programs in the Intermountain West, we have highly specialized experts in all areas of heart care.

Neurosciences Institute: If you have any conditions related to your brain, spine, or nervous system, you can expect comprehensive treatment from our Neurosciences Institute.

Newborn Intensive Care Unit: Newborn babies who are premature or sick can expect the most advanced level of care in our Newborn Intensive Care Unit.

Cancer Center: Our cancer center covers the full range of cancer care, from detection and diagnosis to treatment and survivor support. We treat all cancer types using the broadest range of state-of-the-art options available.

Research: Many of our clinicians are heavily involved in clinical research and we've had hundreds of studies published over the years.

Our goal is to give you the best care through all stages of life at the lowest appropriate cost — and help you live the healthiest life possible.



residents of Cottonwood Heights

Serving the community, serving our neighbors. That's been our approach to patient care since we opened our doors in 1982. Alta View Hospital has served as the community hospital for residents in the southeast corner of the Salt Lake Valley, providing excellent care to patients of all ages and their families. Patients that visit Alta View are treated in a warm, friendly environment, often by staff that also happens to be their neighbors and friends.

Here's what one patient had to say of her recent experience in our facility:

"While everyone who assisted me during my stay was excellent, one nurse stood out as being outstanding in professionalism, care and attentiveness to me as a patient. I know patients come and go; we're all there for a reason often beyond our control, but I felt like I was her only patient because of the way she interacted with me. She was excellent!"

The family-friendly experience what we deliver at Alta View Hospital. Recognized as one of the nation's top community hospitals, patients that enter our facility benefit from the care and kindness of our expert staff coupled with the resources of a world-renowned healthcare system.

For the past three decades, Alta View Hospital and its staff have been active members of the community, working hard to improve the quality of life by helping people live the healthiest lives possible.

Here are some of the other ways Alta View Hospital is delivering excellent care to our neighbors in the community.

Women & Newborn Services: About 1,500 babies get off to the best possible start at Alta View Hospital every year. Moms-to-be can count on highly skilled and experienced staff, childbirth education programs, lactation support, and the pampering all moms deserve.

Alta View Hospital provides care for every stage of a woman's life, not just childbirth. Other specialties include cardiac care, gynecology services, urology, and physical therapy.

Advanced Surgical Services: Surgeons at Alta View Hospital take advantage of the latest equipment and approaches, such as computer-guided instruments. As a surgical patient, our staff will deliver high quality, expert care with the goal of getting patients back on their feet as quickly as possible.

State-of-the-Art Imaging Technologies: Alta View Hospital is home to some of the latest and greatest imaging technology in the Salt Lake Valley. From lower radiation dose CT scanners to a faster nuclear medicine scanner with lower radiation doses, our imaging department boasts some of the newest technologies.

Spiffier Surroundings: Alta View Hospital is undergoing a campus-wide renovation, which will include the construction of two new towers and remodeling some of our current facilities. Work has already begun to reshape the campus with a new entrance off of 9400 South, and we plan to break ground early next on the rest of the project.

Hospital of the Future: Intermountain Healthcare has a long history of innovation. Alta View Hospital has been selected as the launch site for cutting-edge healthcare solutions developed by Intermountain's Healthcare Transformation Lab. Alta View is playing a key role in redefining the hospital care and patient healing experience.

At Alta View Hospital, our patients benefit from the familiarity and comfort of a community hospital, with access to the most advanced medical knowledge and capabilities available anywhere.





Don't let pain or injuries slow down your active family.

We can help. Comprehensive orthopedic care from head to toe, including:

- Shoulder
- Hand and wrist
- Hip
- Knee
- Joint replacement
- Foot and ankle
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- Arthritis
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ENVIRONMENTAL STEWARDSHIP

Protecting and enhancing the environment is a core principle for Rocky Mountain Power. While providing safe, reliable electric service to its customers, the company also strives to conserve natural resources, develop innovative solutions, grow renewable resources, reduce emissions, protect habitats and more.

ENERGY EFFICIENCY

Saving energy conserves natural resources, reduces emissions and helps keep electricity costs low. Rocky Mountain Power encourages customers to be wattsmart,[®] and using those strategies customers saved more than 269,000 megawatt-hours of electricity in 2014, creating benefits equivalent to powering nearly 30,000 homes for a year.

Businesses across Utah also embrace energy efficiency to help save energy and money. Rocky Mountain Power's wattsmart[®] Business program offers technical expertise and cash incentives to qualifying commercial, industrial and agricultural customers for new construction and retrofit energy efficiency projects.

Resources available through the wattsmart[®] Business program include:

- **Typical upgrades** | Pre-calculated cash incentives for improvements to lighting; heating, ventilation and air conditioning (HVAC); and other equipment.
- **LED instant incentives** | Qualified screw-in LED lighting helps customers with routine maintenance and small improvements.
- **Custom analysis** | Energy analysis studies and services for comprehensive projects.
- **Energy management** | Free expert building analysis helps lower energy costs by optimizing a building's energy use.
- **Energy project manager co-funding** | For customers who commit to completing energy projects resulting in 1,000,000 kilowatt-hours per year in energy savings.

For more information about saving energy and money, visit wattsmart.com.

RENEWABLE RESOURCES

Wind, hydro and geothermal resources currently make up more than 19 percent of the company's owned generating capacity, including 13 company-owned wind projects and additional purchases of wind and solar resources to meet the needs of Rocky Mountain Power customers. The American Wind Energy Association named the company the second largest rate-regulated utility owner of wind resources in the nation.

The company's Utah Solar Incentive Program helps Rocky Mountain Power customers offset some of the costs of installing solar panels on homes and businesses. In 2014, more than 420 Utah customers received incentives toward 15.5 megawatts of solar capacity.

Blue SkySM is a voluntary program allowing customers to support the development of renewable energy resources in the Western U.S., including community-based projects. Blue Sky renewable energy is separate from, and in addition to, what Rocky Mountain Power buys or generates to serve customers. More than 102,000 customers are enrolled in Blue Sky

in the six states the company serves, including more than 40,600 customers in Utah. During the last 15 years, these efforts supported renewable energy equal to planting more than 21 million trees. Participants have helped fund 111 new community-based projects in Utah; including one at South Valley Unitarian Universalist Society in Cottonwood Heights (see photo and caption).

AVIAN PROTECTION

Avian protection measures help to prevent bird electrocutions and collisions with power lines. By building new facilities to avian-safe standards, retrofitting facilities where incidents have occurred, and conducting extensive risk assessment surveys and proactive retrofitting, bird mortalities have been reduced. In 2014, such work was conducted on 10,848 power poles and in 51 substations companywide.

TREES

To maintain a safe corridor around power lines, crews worked on more than 631,800 trees companywide along 13,520 miles of power lines in 2014. Trees are the most common cause of power outages generally during high winds and storms.

Since 2002, the company has been recognized annually with the Tree Line USA award from the National Arbor Day Foundation for its tree-friendly practices.

Learn more about Rocky Mountain Power's environmental commitment at rockymountainpower.net/respect.



Let's turn the answers on.

South Valley Unitarian Universalist Society is a diverse religious community in Cottonwood Heights with a mission to nurture curiosity and learning, and work toward a compassionate and sustainable world. The 75 panels at their 19.88-kilowatt solar array meet all the building's power needs.



Little Cottonwood

FORT UNION HISTORY

Source: *A Union, Utah History* by Steven K. Madsen. Courtesy of Sons of Utah Pioneers, 1981

After the initial growth and settlement of Salt Lake City, Brigham Young saw the need to establish new settlements in the surrounding area for the saints to occupy. New communities were usually settled near natural resources such as water, timber and rich soil. The area surrounding the Little Cottonwood Creek (named after the large cottonwood trees lining the stream) became a prime target for new settlement because of the water resource, abundance of farmland and potential for irrigation.

In the spring of 1849, the families of Jehu Cox, Elijah Elmer and other Mormon colonists moved south from Salt Lake City and located on the Little Cottonwood Creek bottomlands. By the autumn of the first year, the Little Cottonwood settlers had made substantial improvements on the land with irrigation opportunities along the Little Cottonwood Creek. The community later became known as Union in conjunction with the construction of the Union Fort in 1854. The historical significance of the area is displayed by the Union Pioneer Cemetery located on Little Cottonwood Creek Road. Many prominent citizens of the early settlement are buried at the cemetery.

Land appropriation became an important issue in the development of the settlement. Colonizers were appropriated only that land necessary for their immediate use to leave room for the anticipated influx of people into the valley.

In November of 1849, Captain Silas Richards and his family moved to the creek settlement. He acquired Elijah Elmer's improvements. By this time, there were eight families living in the colony and the population stood at 60. Within weeks after Richards's arrival, the Little Cottonwood community was organized into a branch of the LDS Church in the Salt Lake Stake. On July 13, 1851, the Little Cottonwood Branch became Little Cottonwood Ward. Richards was ordained its first bishop. In 1854, the name of the ward was changed to the Union Ward. Silas Richards continued serving as bishop of the ward until 1864.

The community was organized as a series of small farms to insure sufficient space for growth and to intensify social contact among villagers. The first recorded plat of the settlement shows a series of odd-shaped lots strung together along the creek bottomlands. A larger lot of 355 acres near the middle of the plat was allotted to Bishop Richards. It is speculated that part of this lot was to be reserved for a community center.

With the beginning of the Walker War in 1853, Brigham Young ordered every Utah community to build fortifications for defense against hostile American Indians. The Little Cottonwood settlers complied with Governor Young's request, left their creekside farms and began working on Union Fort in the fall of 1853. Jehu Cox, one of the first settlers of the area, donated 10 acres of his farmland for the establishment of the fort.

The fort covered all 10 acres with walls 12 feet high and six feet thick at the bottom and tapering to one foot wide at the top. The fort was rectangular in shape and outlined three of the original 12 blocks of the early Union plan. The southeast and southwest corners of the fort wall were located on South Union Avenue at the corners of 1105 and 1035 East respectively. The east and west walls extended northeasterly



approximately 700 feet. Union settlers completed the construction of only one half of the fort's north wall. They had aligned the northern wall of the fort with a steep embankment, which presently is followed by the Cahoon ditch, The ditch flows in a northwesterly direction from Little Cottonwood Creek. The steep embankment eliminated the need for a complete north wall.

Inside the wall, all the properties were divided into lots fronting on two parallel east-west streets. There were two large metal gates on the east and west ends of the fort. The enclosed settlement included 23 homes, a school (which doubled as a church) and an amusement hall. By 1854, the population stood at 273.

Although this fort was never directly attacked, it did serve a purpose. Forts discouraged American Indian attack. Moreover, the building of the Union Fort served to unify the people in their labors despite their different nationalities. It gave them significant reason to call their community "Union," a name that suggested the unity and energy of the settlers.

They gradually moved back to their farms as the threat of a hostile encounter by the American Indians subsided and the fort walls were then gradually torn down. Today, only



portions of the original area designated for the fort have remained undeveloped, leaving some of the original homes and lower levels of the wall intact. The existing walls can only be seen below ground level, which adds to the difficult task of visualizing the original structure.

The physical character of the community changed very little through the mid 1900s. Commercial businesses were located along 900 and 1300 East. The remainder of the community was large residential lots and farms.

The 1970s brought many changes in Salt Lake Valley. Salt Lake County's growth was moving south because more families wanted the country style of living, rather than a fast-paced, urban lifestyle. In 1972, construction began on Fort Union Boulevard, increasing commercial land use in Union.

Painting of Union Fort donated by the George A. Green Family | Courtesy of: The Daughters of the Utah Pioneers. SLC, UT





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Let's turn the answers on.



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TO SERVE AND PROTECT

By Cottonwood Heights Police Chief Robby Russo



The Cottonwood Heights Police Department is the newest law enforcement organization in the Salt Lake Valley. Nestled at the foot of the Wasatch Mountain between Big Cottonwood and Little Cottonwood

Canyons, Cottonwood Heights covers about nine square miles with a population of approximately 35,000 people. The city is the gateway to major ski resorts and recreational canyons, as well as offering an easy access to the valley's transportation system.

In the 1940s-60s, law enforcement in Butlerville (as the city was known back in the day) was provided by Salt Lake County Sheriff Grant Young, who was later succeeded by Sheriff Beckstead. It was a different time as the area was evolving from mink farms and orchards to new residential housing developments.

There were seven police cars that patrolled the areas known as East Millcreek, Holladay, Butlerville, Draper, Granger, Copperfield, Chesterfield, Lark and Bingham. The state roads had a couple of troopers and Sandy had a town marshal, but help was a long way off. Radios were not in all of the cars so deputies were given a pocket full of nickels and were required to call in every 15 minutes. Not exactly the 911 system currently servicing the valley.



This was a time before paramedics so the police also functioned as ambulance personnel. Drunk drivers were a problem and granite was not the only thing being produced in the canyons. The deputies would gather at what is now known as Knudsen's Corner at the Smith's Inn and Edith would feed the deputies while swapping stories.



When the Cottonwood Heights incorporated in 2005, a contract was entered into with the Salt Lake County sheriff to continue as the main provider of police protection. But in 2007, Cottonwood Heights Mayor Kelvin Cullimore and the city council opted to form their own locally-controlled police department and terminate the contract with the county sheriff. This service ended on September 1, 2008 and the Cottonwood Heights Police Department was born.

The CHPD has entered into partnerships with other municipalities to achieve an economy of scale and to provide an appropriate response to any potential emergency. This is accomplished by integrating members from CHPD into the Sandy Police Department SWAT Team. We believe that partnerships and mutual aid agreements provide local control and still accomplish the goal of providing quality pooled services to keep the citizens safe, as illustrated by SWAT, CSI Crime Lab Services and the major accident team reconstruction task force.

Today Cottonwood Heights has some of the valley's lowest crime rates, and the CHPD has great response times and some of the highest clearance rates of crimes. The cost for the service is equivalent to what the city would have paid the county for contracted services. As the city continues to grow, the CHPD will rise to meet the needs of its residents.



As hospitals, we focus on quality

while also assisting with prevention.

We provide expert hospital care

while helping people stay out of the hospital.

We do all of this with one mission:

Helping People Live the Healthiest Lives Possible

